



FinancialPsychologyCeus.com

Press Release

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FinancialPsychologyCeus.com CEO discusses “Money, Mental Health and Financial Wellness” in Associated Content Interview

Medical writer interviews [Dr. Joe Lowrance](#), a proponent of Financial Psychology, on the impact of money on our mental health

ATLANTA, May 18, 2011 — “[Money, Mental Health and Financial Wellness](#)” is the topic of a newly published interview of Dr. Joe Lowrance, [FinancialPsychologyCeus.com](#)’s CEO, by medical writer Jaleh Weber on Associated Content, a Yahoo Contributor Network.

Using a Q&A format, Weber’s interview focuses on Financial Psychology and how this emerging area of psychology deals with individuals’ relationships with money. “Our financial psychology is a facet of our larger underlying psychology, and it significantly directs how we spend, save, give, earn and invest,” said Dr. Lowrance.

Describing relationships with money as often complicated and confused, Dr. Lowrance states that our struggles with money can occur in a variety of distinct or inter-related ways and that many money-related struggles result in stress, anxiety, depression, or relationship difficulties.

Dr. Lowrance also cites examples of people’s confusion about money or the misuse of money, pointing out that we often use money to “alleviate uncomfortable feelings, psychological pain, or to create and maintain an image at the expense of developing financial security.”

An Atlanta psychologist, Dr. Lowrance is part of a growing movement of mental health professionals who recognize the significance of raising the subject of money with their clients. He is also a member of the [Georgia Consortium for Personal Financial Literacy](#), on the editorial board of the [Journal of Financial Therapy](#), associate producer of the documentary film *Money and Life*, developer of [www.moneyandmylife.com](#), and founder and CEO of [FinancialPsychologyCeus.com](#).

Weber, author of [Life’s Little How to Book](#) and a frequent contributor to Associated Content, has a number of health-related articles on the Yahoo-owned web site. She has written on the effects of exercise on mental health, discipling children with Asperger’s Syndrome, and coping with a mid-life crisis. She has also interviewed Dr. Lowrance for articles on [Overcoming Financial Infidelity](#) and [Overcoming Imbalances of Power in Marriage](#). Weber has a BA degree in psychology and a MS degree in marriage and family counseling.

About FinancialPsychologyCeus.com

[www.FinancialPsychologyCeus.com](#) is the leading continuing education website designed to aid mental health professionals develop a fundamental understanding of financial psychology and position them to better serve their clients’ money related struggles.

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